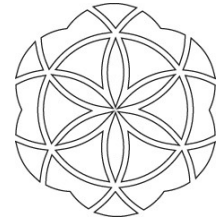


JESSICA M. EURE, MEd, EdS, LPC, BCN, BCB, QEEG-D



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EDUCATION

MEd, EdS, Mental Health Counseling - University of Virginia, Charlottesville, VA
BA, Psychology - Summa Cum Laude, Shepherd University, Shepherdstown, WV

May 2007
May 2002

LICENSURE & CERTIFICATION

Licensed Professional Counselor (LPC) - Virginia Board of Counseling
Board Certified in Quantitative EEG (QEEG-D) - International QEEG Certification Board
Board Certified in Neurofeedback (BCN) - Biofeedback Certification International Alliance
Board Certified in Biofeedback (BCB) - Biofeedback Certification International Alliance
National Certified Counselor (NCC) - National Board of Certified Counselors

since 2009
since 2024
since 2010
since 2023
2007 - 2011

RELEVANT EXPERIENCE

Virginia Center for Neurofeedback, Attachment and Trauma, Charlottesville, VA **2004 to Present**
Co-founder - Provide mental health counseling, EMDR and LENS and traditional neurofeedback assessments and training sessions in private practice setting. Acquisition and analysis of QEEG.

Old Dominion University (PVCC Satellite), Charlottesville, VA **2007 to 2012**
Site Adjunct Instructor for Human Services Bachelor's internship program capstone course. Conduct weekly meetings with the student intern. Provide oversight of all student internship-related activities. Assign the student intern any assignments deemed appropriate to the learning process. Review all written assignments and evaluate the student's case presentation of a client.

People Places, Inc., Staunton, VA **March 2008 to July 2009**
Neurofeedback Clinician and Mental Health Counselor - provided EEG assessment, neurofeedback training and counseling to children with PTSD, RAD and other diagnoses in therapeutic foster care placements. Worked as part of the treatment team of therapists and foster parents for clients.

Mental Health Counseling Internship, Charlottesville, VA **July 2006 to May 2007**
Mental Health Counselor Intern - A 900-hour clinical internship completed through the University of Virginia at Focus Women's Resource Center in Charlottesville, the Personal and Career Development Center at UVa and the Virginia Center for Neurofeedback in Charlottesville.

Brook Lane Health Services, Hagerstown, MD **2002 to 2003**
Mental Health Associate - Provided direct care in 40-bed inpatient psychiatric hospital to clients on child, adolescent and adult wings. Assisted nurses with daily routines. Observed, reported and recorded all changes in clients' mental health and behavior on daily basis. Organized and led patient education groups and presented school lessons on child and adolescent units.

ADDITIONAL TRAINING

EEG Based Stratified Psychiatry in ADHD and Depression: Validation Studies **Oct 2023**
3 CE presentation by Martijn Arns, PhD at 2023 Suisun Summit

Thalamocortical Dysrhythmia Detected by Machine Learning **Oct 2023**
3 CE presentation by Dirk DeRidder, MD, PhD at 2023 Suisun Summit

SMR: Deep Clinical History, With New Applications **Oct 2023**
3 CE presentation by Jay Gunkleman, QEEGD-Emeritus at 2023 Suisun Summit

International QEEG Certification Board Online Course 40 Hour didactic and practicum for Diplomate Certification, NeuroTraining Strategies	Fall 2023
A Tutorial on the Identification of Epileptiform Activity in the EEG and How to Refer Out 2 Hour webinar by Dr. Ron Swatzyna and Dr. Mary Tracy, ISNR	Sept 2023
Implementing Neurofeedback to Help Relieve the Impact of Anxiety on the Brain and Behavior 1 hour webinar by Mark Jones, PhD, Dmin, BCN, LPC-S, LMFT-S, QEEGD, NRBS Webinar Series 2023	Sept 2023
How a Multimodal Approach in the Clinic and Home Can Improve ADHD Behavior 1 hour webinar by Linda Walker, PhD, BCB, BCN, LPC, SCL, NRBS Webinar Series 2023	August 2023
The Impact of Chronic Pain on the Brain and Behavior 1 hour webinar by Saul Rosenthal, PhD, NRBS Webinar Series 2023	July 2023
Detecting Lifestyle Instabilities from the EEG 1 hour webinar by Dr. Robert Turner, MD, NRBS Webinar Series 2023	June 2023
How Psychedelic Substances Can Impact Behavior and The Brain 1 hour webinar by Dr. Michael Villanueva, PhD, NRBS Webinar Series 2023	April 2023
Suisun Summit <i>Unexpected Eplieptiform Content in the EEG</i> by Jay Gunkelman, <i>Support for Clinicians to Design Research Projects</i> by Ron Swatzyna and Mark Jones, <i>EMR: The Most Unrecognized Influence on EEG</i> by Rusty Turner, <i>Machine Learning Algorithms for the ID of Signals in the Noise</i> by Rogene Eichler West, <i>Toxic, Metabolic and EMF</i> by Michael Pierce, <i>Pediatrics and Developmental Trauma in the Brain</i> by Tiff Thompson, <i>iMediSync Vision of New Decade</i> by Seung Wan Kang and DaeKeun Kim, <i>PTSD Biomarkers with ERP and EEG</i> by Jay Gunkelman, 20 hours of CE for 3-day conference offered by Northern California Neurotherapy.	Oct 2022
Ethics for Biofeedback Providers Presented by Richard A. Sherman, PhD, 5 Hours of CE Credit Distance-based course by Saybrook University in partnership with Behavioral Medicine Research Foundation	May 2022
Neuroinflammation: Causes, Effects and Potential Interventions (Part 4) <i>Hardiness at Work: Psychoneuroimmunological (PNI) Buffers Against Stress and Neuro- inflammation</i> by Richard Harvey, <i>Long-Covid: EEG/qEEG Evidence and Treatment Outcomes</i> by Jay Gunkelman and <i>Body-mind/Mind-body Skills and Concepts to Enhance Health and Immune Competence in Face of Covid</i> by Erik Peper. 4 hours of CE for webinar offered by MidAtlantic Biofeedback Society	Oct 2021
Neuroinflammation: Causes, Effects and Potential Interventions (Part 3) <i>Healing in the Time of Covid</i> by Wayne Jonas, MD, <i>QEEG Findings & Neurofeedback Interventions: Chronic Infection, Toxic Exposures & Autoimmune Disorders</i> by Ronald J. Swatzyna, PhD and Jessica Eure, LPC, and <i>Paroxysmal and Epileptiform Activity: Expect the Unexpected</i> by Jay Gunkelman, QEEG-Emeritus. 4 hours of CE for webinar offered by MidAtlantic Biofeedback Society	Sept 2021
Neuroinflammation: Causes, Effects and Potential Interventions (Part 2) <i>The Impact of Neuroinflammation and What To Do About It</i> by Rob Coben, PhD and Anne Stevens, PhD, and <i>Neuroinflammation: Injury, Infection, Toxins and Psychiatric Disease</i> by Ronald Swatzyna, PhD. 4 hours of CE for webinar offered by MidAtlantic Biofeedback Society	June 2021
Neuroinflammation: Causes, Effects and Potential Interventions (Part 1) <i>When Brains Collide</i> by Michael Lewis, MD, <i>Post COVID 'long haulers' learning from ME/CFS</i> by Nancy Klimas, MD, and <i>Impact of Cancer Treatment on the Brain: Case Study of Neurofeedback & Neurocounseling Strategies</i> by Ted Chapin & Lori Russel-Chapin. 4 hours of CE for webinar offered by MidAtlantic Biofeedback Society	May 2021
Biofeedback Training Workshop for Optimal Performance and Mental Health Professionals Five-day, 42-Hour CE didactic course by Inna Khazan	March 2021
Northeast Regional Biofeedback Society 46th Annual International Conference <i>Neuromodulation and Interventions for Trauma in the Time of Coronavirus</i> with presentations by Jay Gunkelman, QEEG-D, Ruth Lanius, MD, Bessel van der Kolk, MD, Lark Eshleman, PhD,	January 2021

Roseann Capanna-Hodge, EdD, Mary Lee Esty, PhD, Beth Barol, PhD and Sebern Fisher, MA, LMH, BCN
8 hours of CE for two-day conference offered by NRBS

Practical Steps to Improve Sleep During a Zombie Apocalypse 1 hour webinar by Fredric Shaffer, PhD, BCB BCB-HRV, AAPB 2020 Virtual Conference	December 2020
ICA: Modern Data Cleaning & Advanced Data Analysis 1 hour webinar by Jay Gunkelman, AAPB 2020 Virtual Conference	December 2020
Neurofeedback Across the Lifespan: UTSA Neurofeedback Society Virtual Mini-Conference Presentations by Mark Jones, DMin, LPC, LMFT, BCN, QEEG, Paul Fillmore, PhD, Carmen Kimball, MEd, RIC, and Sebern Fisher, MA, LMH, BCN 1 day conference, University of Texas at San Antonio's Neurofeedback Society	October 2020
QEEG, COVID-19 and Our Brains 1 Hour Webinar by Jay Gunkelman, Offered by AAPB	October 2020
Mid-Atlantic Biofeedback Society Fall Conference <i>Yoga, Research and the History of Brainwaves Come Together: From Stress and Neurological Abnormalities to Creative Flow and Self-regulation</i> with Dr. Douglas Fields, Dr. Ronald Swatzyna, Julie Aha, Dr. William Decker and Judith Pennington. 12 Hours CE for 2 day conference, Mid-Atlantic Biofeedback Society	September 2020
International Society for Neuroregulation & Research 28th Annual Conference 24 Hours CE for 3-day conference offered by ISNR	July 2020
Epilepsy and the Foundations of Neurofeedback 1 Hour Webinar by Jay Gunkelman, International Society for Neurofeedback and Research	April 2020
Psychophysiology & Mindfulness: Elements of Improved Therapy, Counseling and Consulting Presented by Tim Herzog, EdD, 6.25 Hours CE Credit for one-day conference Mid-Atlantic Society for Biofeedback and Behavioral Medicine	Oct 2019
Prescribing Brain Health as a Prelude to Neurofeedback - Robert Turner, MD, BCN 1.5 Hours CEs for live webinar, Biofeedback Certification International Alliance	June 2019
Biofeedback & Psychophysiology: Rooted in the Past, Empowering the Future (AAPB 50 th Annual Scientific Meeting) 10 Hours CE for 2-day conference, Association for Applied Psychophysiology and Biofeedback	March 2019
Stimulation Technologies - Audio-visual Entrainment, Cranio-electro Stimulation and	March 2019
Transcranial DC Stimulation - Physiology and Clinical Outcomes - Dave Seiver, CET 7 Hours CE for one day pre-conference workshop, AAPB 50 th Scientific Meeting	
The Use of Neurostimulation and QEEG in Clinical Practice - Nicholas Dogris, PhD, BCN, QEEG-D 7 Hours CE for one day pre-conference workshop, AAPB 50 th Scientific Meeting	March 2019
The Embryo in Us - Human as Embryo - Jaap van der Wal, MD, PhD 5-day Course, Center for Prenatal and Perinatal Programs	July 2018
The Physical Brain and Mental Health: Understanding Glia - R. Douglas Fields, PhD Determining Successful Treatments for Neurological Disorders - Ron Swatzyna, PhD, LCSW 6.25 Hours CE for 1 day conference, Mid-Atlantic Biofeedback Society	May 2018
Community Investment Collaborative (CIC) - 17-week in-depth entrepreneur training program	Aug-Dec 2017
Neurofeedback for Lyme and PAN/PANDAS - Roseann Capanna-Hodge, EdD, LPC, BCN 1.5 Hours CE for live webinar, Biofeedback Certification International Alliance	June 2017
Strategies to Enhance Clinical and Educational Success - Dr. Erik Peper, PhD, BCB 12 Hours CE for 1.5 day conference, Mid-Atlantic Biofeedback Society	May 2017

The Science of Self-Regulation: Established & Emerging Evidence (AAPB 48th Scientific Meeting) 38 Hours CE for 3-day conference, Association for Applied Psychophysiology and Biofeedback	March 2017
QEEG Guided Assessment and Neurofeedback for ADD & ASD - Michael Linden, PhD, BCN 4 Hours CE for half-day pre-conference workshop, AAPB 48 th Scientific Meeting	March 2017
Optimizing Sleep; From Insomniacs to Elite Performers - Shona Halston, PhD 4 Hours CE for half-day pre-conference workshop, AAPB 48 th Scientific Meeting	March 2017
The Brain Warrior's Way - Daniel Amen, MD 4 Hours CE for half-day pre-conference workshop, AAPB Scientific Meeting	March 2017
2016 Annual Conference for Western Association for Biofeedback & Neuroscience 20 Hours CE Credit for 2.5 day conference, Western Assoc. for Biofeedback & Neuroscience	November 2016
Executive Functions & Frontal Lobes - Elkhonon Goldberg, PhD, ABPP 3 Hours CE for 3 hour webinar, Luria Neuroscience Institute	October 2016
Interpersonal Biofeedback & Integrating Biofeedback into the Schools - Steven Kassel, MFT 6 Hours CE for one-day conference, Mid-Atlantic Biofeedback Society	October 2016
Raising QEEGs to a Medical Standard - Ron Swatzyna, PhD, BCB, BCN 1.5 Hours CE Credit for webinar, Biofeedback Certification International Alliance	August 2016
Trans Healthcare Symposium: Training for Mental Health & Medical Providers 3.5 Hours CE Credit for One-day Symposium by the Transgender Health Alliance of Central VA	April 2016
Developmental Trauma, Childhood Disorders, PTSD, Torture Victims and 21st Century Tools for Successful Intervention - Hanno Kirk, PhD, LCSW and Sebern Fisher, MA 12.5 Hours CE Credit for two-day conference, Mid-Atlantic Society for Biofeedback and Behavioral Medicine	April 2016
Skills for Working with Dissociation in EMDR - Kris Santa Maria, LCSW 2 Hours CE Credit for 2 hour presentation, Central Virginia EMDR Regional Meeting	April 2016
LENS Advanced Training - Len Ochs, PhD 18 Hours CE Credit, Ochs Labs, Inc., two-day course	November 2015
Practical and Scientific Ways to Understand and Change the Brain Presented by Adrian Van Deusen & Paul Rapp, PhD 6.25 Hours CE Credit for one-day conference offered by MSBBM	October 2015
Birth and the Primitive Brain: Survival of the Species in the Modern World 2 Hour presentation by Dr Sarita Bennett DO, CPM	July 2015
Calming the Fear-Driven Brain: Neurofeedback in Developmental Trauma - Sebern F. Fisher 1.5 Hours CE Credit, Biofeedback Certification International Alliance, webinar	June 2015
Reading the Raw EEG: Analysis & Interpretation - Jay Gunkelman Half-day course, Brain Science International	May 2014
Biofeedback & Virtual Reality - Dr. Robert Reiner 1.5 Hours CE Credit webinar, Biofeedback Certification International Alliance	November 2014
Pathways to Self-Regulation: Demonstrations, Presentations and Case Studies in Nutrition, Biofeedback and Neurofeedback - Dr. Dana Laake and others 5.75 Hours CE Credit for one-day conference, offered by MSBBM	October 2014
Physiology & Neuropsychology of Head Injury - Angelo Bolea, Mary Lee Esty & David Keyser 6.25 Hours CE Credit for one-day conference Mid-Atlantic Society for Biofeedback and Behavioral Medicine	April 2014

Beyond & Beneath the DSM V - Jay Gunkelman 6 Hours CE Credit for one-day conference, offered by MSBBM	October 2013
Dissection Class - Human Cranium - Julie McKay Covert, CST-D, NCTMB, BFRP One-day hands-on brain dissection	May 2013
Professional QEEG Training 22 Hours of CE Credit, Brain Science International, Joel Lubar and Jay Gunkelman	May 2013
Pre- and Perinatal Psychology "Birthing Yourself" Process Workshop 5 Day Workshop offered by Myrna Martin, MN, RCC, RCST	February 2013
Clinical Supervision: Recovery Model 4 Hours of CE Credit by Essential Learning	July 2012
Disaster Mental Health Webinar 3.5 Hours of CE Credit, Valerie Cole by American Red Cross	July 2012
QEEG Interpretation of OCD/ODD, ADHD, and PTSD/TBI , Webinar Series #1 (A-C) 4.5 Hours of CE Credit, Jay Gunkelman by Brain Science International	July 2012
Fundamentals of Clinical Supervision 1 Hour of CE Credit by Essential Learning	June 2012
Clinical Supervision in Virginia 15 Hours of CE Credits, Dr. Gerard Lawson by the Virginia Counselors Association	June 2012
Food for Thought: How Nutrients Affect Mental Health & The Brain 6 Hours of CE Credit by Institute for Brain Potential	April 2012
Developmental Needs Meeting Strategy (Module 2 - Ego State Therapy Basics) Home Study Course offered by DNMS Institute, LLC	January 2012
Developing an Evidenced-Base Model for Concussed Military Personnel with PTSD: The Application of Psychophysiological Assessment & EEG/QEEG 1.5 Hours of CE Credit by Association for Applied Psychophysiology and Biofeedback	April 2011
Family Networks in the Brain One-day training with Dr. Angelo Bolea, PhD, by The Center for Family Process	January 2011
Introduction to Jungian Authentic Movement 6 hours of experiential work with Simona Aronow, MA, ADTR, NCTMB	October 2010
Beginner & Intermediate QEEG Neurofeedback & LORETA Workshop 24 Hours of CE Credit by the Biofeedback Training Institute	July 2010
Neurofeedback Mentoring (including LENS, neurofeedback & QEEG) On-going phone/in-person mentoring by Ron Swatzyna, PhD, Jay Gunkelman, Len Ochs, PhD, Joel Lubar, PhD, Glenn Weiner, PhD, BCIA-EEG, and Steve Stockdale, PhD	October 2009 to Present
Neurons & Neurotransmitters for Biofeedback and Neurofeedback Professionals 1.5 Hours of CE Credit by Association for Applied Psychophysiology and Biofeedback	November 2009
Psychopharmacological Considerations: Effects of Prescribed & Non-Prescribed Drugs on EEG 2 Hours of CE Credit by Behavioral Medicine Research Foundation	October 2009
Blast Injuries: TBI, PTSD, and Pain 12 Hours of CE Credit by Association for Applied Psychophysiology and Biofeedback	November 2008
TTouch for You Two-day course by Linda Tellington-Jones	May 2008

EMDR Basic Training 20 Hours of CE Credit by The EMDR Institute Inc.	December 2007
Sex Counseling 101: An Introduction 6 Hours of CE Credit presented by Dr. Judith Seifer	September 2007
Neurososial Disorders: Developing a Comprehensive Treatment Plan 6.5 Hours of CE Credit provided by Cross Country Education	July 2007
Advanced BioExplorer Workshop One-day neurofeedback software workshop presented by Peter Van Deusen	January 2006
Training for Social and Behavioral Investigators and Study Coordinators University of Virginia IRB Social & Behavioral Sciences Dept.	October 2006
The Science and Clinical Applications of Meditation Three-day series of dialogues between scientists and the Dalai Lama	November 2005
Health Information Portability and Accountability Act Training University of Virginia IRB Social & Behavioral Sciences Dept.	September 2005
Neurofeedback in a Clinical Practice 28 Hours of CE Credit presented by EEG Spectrum International	June 2004
Anatomy & Physiology for Behavioral Clinicians 45 Hours of CE Credit by Behavioral Medicine Research Foundation	Winter 2004-05
Treating Adolescents with Oppositional Defiance & Conduct Disorder One-day seminar by American Healthcare Institute	December 2002
Nonviolent Crisis Intervention Training One-day seminar by Crisis Prevention Institute	September 2002

PRESENTATIONS

- “QEEG Findings & Neurofeedback Interventions: Chronic Infection, Toxic Exposures & Autoimmune Disorders”***
Co-presented as a 1 hr webinar for Midatlantic Biofeedback Society with Ron Swatzyna, PhD, September 2021
- “Perspectives on Neurofeedback Remote Training”***
Co-presented as a 1 hr webinar for the Texas Biofeedback Society with Ron Swatzyna, PhD, November 2020
- “Biofeedback Techniques for Essential Tremor”***
Presented at The Center for the Essential Tremor Support Group, November 2019 & May 2021
- “EEG Phenotypes: From Pathology to Peak Performance”***
Presented as a webinar for the Mid-Atlantic Biofeedback Society Special Interest Group, July 2019
- “Interview with Dr. Ed Kelly - The Irreducible Mind”***
Presented as a webinar for the Mid-Atlantic Biofeedback Society Special Interest Group, July 2018
- “Introduction to QEEG and Neurofeedback for PTSD”***
Presented at the Sexual Assault Resource Agency, Charlottesville, VA, March 2017
- “Neuromarkers in Autism Spectrum Disorder: A Brief Review & Case Study” Webinar***
MidAtlantic Biofeedback Society, Special Interest Group, Offered for 1 CE Credit, February 2017
- “Neurofeedback Treatment for Traumatic Brain Injury”***
Presented at the Brain Injury Association of Virginia’s 13th Annual Conference, March 2014
- “Incorporating Neurofeedback and Heart Rate Variability Training into a Mental Health Counseling Practice”***
Presented at the Virginia Counselors Association Convention, November 2013

PRESENTATIONS (CONTINUED)

"Neurofeedback for Reactive Attachment Disorder"

Presented at People Places, Inc, April 2012

"Maintaining a Healthy Brain"

Presented at the Charlottesville Senior Center, September 2011

"Neurofeedback treatment for ADHD"

Presented at James Madison University, Harrisonburg ADHD Advocacy Group, April 2010

"Neurofeedback treatment for brain injury"

Presented at Woodrow Wilson Rehabilitation Center, Staunton/ Augusta Brain Injury Support Group, October 2009 and at Charlottesville Brain Injury Support Group, September 2011 and at Central Virginia Brain Injury Support Group, October 2011

"Introduction to Neurofeedback"

Presented at Mary Baldwin College, Department of Sociology and Social Work, Child Welfare Services Class, March 2009

"Clinical applications of neurofeedback"

Presented at the Virginia Association for Counselor Education and Supervision Conference, February 2006

"Don't forget about me, counselors: A plea from the brain"

Presented at the Virginia Counselors Association Convention, November 2006

"Supervision through the eyes of beginning counselors"

With M. Paylo, R. Caldwell, W. Meehan and L. Rammson, Presented at the Virginia Counselors Association Convention, November 2006

PROFESSIONAL MEMBERSHIPS

Association for Applied Psychophysiology & Biofeedback		Joined 2005
Treasurer	2022-Present	
Mid-Atlantic Biofeedback Society		Joined 2013
Past-President	2020 to 2023	
President	2018 to 2020	
President-Elect	2017 to 2018	
Program Committee Chair	2017 to 2018, 2020-2021	
Communications & Membership Committee Chair	2015 to 2017	
Board Member at Large	2014 to 2015	
International Society for Neurofeedback and Research		2005 to 2015, 2023 to Present
Virginia Counselors Association		2005 to 2013
JCA Chapter Secretary	2007 to 2008	
American Counseling Association		2005 to 2008
Counselor Education Student Organization		2005 to 2007
Psi Chi		Inducted 2000
Psi Chi Chapter 813 Secretary	2001 to 2002	
Phi Kappa Phi		Inducted 2000

GROUPS & OTHER ACTIVITIES

- BCIA-approved Neurofeedback Mentor** **Since 2012**
Approved to provide 25 hours of mentoring to BCN certification candidate. Responsibilities included review of personal neurofeedback sessions, client sessions, and case presentations, as well as to directly observe the candidate's technical expertise, proficiency in placements of electrodes, and client preparation/orientation to neurofeedback procedures.
- Expert Mentor Volunteer - Commonwealth Governor's School Program** **2011-present**
Provide oversight to year-long final project for Commonwealth Governor's School high school students. Responsibilities included review of student proposal, to review and evaluate final product, to watch and evaluate student presentation, and to act as a resource/adviser to the student.
- Compassionate Clown Volunteer - University of Virginia Children's Hospital** **2012 to 2013**
- Internship Supervisor - The Virginia Governor's School Program** **Spring 2009**
Provided volunteer mentorship to high school senior Governor's School student to give her real-world experience in psychology and assisted her with a related research project.
- Social Skills Group with Horses - People Places, Inc. & Ride with Pride** **Summer 2008**
Volunteer. 8 weeks, meeting once a week for 2 hours. Population was 8-12 year old foster children with anger management issues. Held at Ride with Pride, a therapeutic horse riding center, where the children learn skills with horses that can be applied in their lives.
- Brain Injury Support Group - Virginia Center for Neurofeedback** **2007-2008**
Co-facilitator. 1 year, meeting once a month for 3 hours. Members were encouraged to share their experiences and struggles related to their brain injury, creating a community of support and acceptance. Therapeutic touch skills were taught to the members to perform on themselves and a friend/relative.
- Red Cross Disaster Mental Health Volunteer** **2007- 2013**
Have taken specific Red Cross training courses to aid in mental health needs after disasters. Sit on Red Cross Disaster Mental Health advisory committee for Virginia Mountain Region.
- Assertiveness Training Group - Focus Women's Center** **Fall 2006**
Designer and co-facilitator. 8 weeks, meeting once a week for 1.5 hours. Discussion centered on defining and practicing assertiveness skills for women.